

QT TIMES FOR 2019 are SET OUT below .

2019 Boys	10/11	12	13	14	15	16+
50m Freestyle	38.78	38.00	35.00	35.00	32.00	30.00
100m Freestyle	1.33.00	1.29.97	1.21.00	1.17.65	1.14.00	1.07.00
200m Freestyle	2.58.07	2.54.80	2.45.00	2.38.00	2.29.00	2.18.00
400m Freestyle	6.28.62	6.10.00	6.00.76	5.22.00	5.03.00	4.42.84
50m Breaststroke	54.04	53.74	49.00	45.00	44.00	39.00
100m Breaststroke	1.56.00	1.55.00	1.49.00	1.41.00	1.33.73	1.28.00
200m Breaststroke	3.51.37	3.49.00	3.32.00	3.25.00	3.22.43	3.09.00
50m Butterfly	46.54	44.10	43.00	40.00	35.00	34.72
100m Butterfly	1.50.00	1.49.00	1.32.00	1.25.00	1.21.33	1.18.00
200m Butterfly	3.38.00	3.30.00	3.13.00	3.05.00	2.29.65	2.25.70
50m Backstroke	45.00	44.61	43.00	41.00	36.00	35.00
100m Backstroke	1.39.41	1.36.00	1.35.44	1.31.00	1.24.00	1.14.00
200m Backstroke	3.23.52	3.19.00	3.01.00	3.01.00	2.44.00	2.32.00
100m IM	1.39.00	1.38.98	1.33.00	1.29.00	1.24.00	1.18.00
200m IM	3.44.24	3.39.78	3.18.00	3.13.00	2.51.00	2.33.00

2019 Girls	10/11	12	13	14	15	16+
50m Freestyle	40.65	40.34	37.00	33.00	32.00	32.00
100m Freestyle	1.28.00	1.27.60	1.20.00	1.14.00	1.11.00	1.10.00
200m Freestyle	3.26.74	3.00.00	2.55.00	2.42.00	2.39.00	2.32.00
400m Freestyle	6.20.00	6.03.93	6.00.53	5.24.00	5.15.00	5.08.51
50m Breaststroke	51.74	52.47	46.00	44.00	43.00	42.67
100m Breaststroke	1.54.95	1.55.83	1.43.00	1.43.00	1.34.00	1.33.00
200m Breaststroke	4.02.84	3.57.00	3.39.00	3.33.00	3.33.00	3.16.75
50m Butterfly	45.78	45.00	39.00	36.00	35.57	35.00
100m Butterfly	1.53.00	1.44.00	1.39.71	1.33.00	1.26.00	1.20.00
200m Butterfly	4.06.00	3.20.28	3.10.00	3.09.00	3.08.00	2.52.00
50m Backstroke	47.00	45.71	42.00	39.00	37.79	37.35
100m Backstroke	1.32.17	1.31.53	1.26.00	1.22.64	1.19.00	1.19.00
200m Backstroke	3.20.62	3.18.78	3.02.00	2.55.53	2.51.00	2.47.75
100m IM	1.41.38	1.42.32	1.33.00	1.27.00	1.25.00	1.21.34
200m IM	3.39.00	3.24.00	3.10.00	2.58.00	2.54.00	2.54.00

BOYS		11/12	13	14	15	16 plus
1500m Free		22.50.00	22.37.00	21.39.14	20.31.61	19.55.68
800m Free	Is open to all	that qualify for	the 1500m. In	addition we will	take entries for	those that meet qt times below
800m Free		13:56.20	13.35.32	12.07.72	11.24.78	10.39.22
400m IM		7.30.00	7.08.00	6.06.00	5.27.00	5.15.39
GIRLS						
1500m Free	Is open to all	that qualify for	The 800m. In	addition we will	take entries for	those that meet qt times below

1500m Free		30.53.20	27.50.82	26.19.74	25.34.16	24.10.69
800m Free		13.40.00	12.19.30	11.39.00	11.12.00	10.41.90
400m IM		7.24.00	6.44.24	6.25.00	6.10.00	6.05.62