

Weston-super-Mare's Open Water Series

in association with

Somerset ASA and Swim England South West



Entries are open for Weston-super-Mare's Open Water Development Series at Clevedon Marine Lake. The Series has been designed to start at the beginning of the open water season in May and finish at the end of the open water season in September which coincides with the beginning of the swimming season.

This event is being supported by Marlens, the charity behind Clevedon Marine Lake and is also supported by Somerset ASA and Swim England. We have teamed up with The Salt House Pub next to the lake to offer food and drink for each event.

The Series will be held over three dates and is open to all Counties in the South West and beyond. We aim to raise the profile of open water swimming by offering competitive opportunities which will develop the next generation of Open Water swimmers in Age, Youth and Masters swimming and Triathletes.

If you haven't tried competitive Open Water swimming before maybe this is the time to consider it! The first event in the series will be a taster to practice all things race pace. We will cover a mini acclimatization, mass start practice, turns around buoys followed by a distance event for each age group. The events will mirror the distances offered last year at Regional Championships in Weymouth. Times will be given to each swimmer but no medals will be awarded for the first event.

For events two and three, event distances will increase and will mirror those offered at this year's Regional and National Championships. The 750m taster event becomes 1k. The 1.5k becomes the 2k. The 3k and 5k will stay the same.

Event 1: Sunday 27th May 8-12pm

CLOSING DATE: Wednesday 23rd May (Four days before)

Events available 750m, 1.5k and 3k.

Event 2: Sunday 10th June 8-1.30pm

CLOSING DATE: Wednesday 6th June (Four days before)

Events available 1k, 2k, 3k & 5k.

Event 3: Sunday 16th September 12-5.30pm
CLOSING DATE: Sunday 2nd September (Two weeks before)
Events available 1k, 2k 3k & 5k

ENTRY FORM : <https://goo.gl/F1zubx>

SWIM ENGLAND SOUTH WEST REGIONAL OPEN WATER CHAMPIONSHIPS

Swimmers do not need to qualify for Regional Championships. The Weston-super-Mare Open Water Series is designed to give swimmers the experience and practice they need to be comfortable and capable at Regional Championships and in other open water events.

Entry information for the South West Regional Championships on Saturday 7th July 2018 can be found on the Somerset and Regional websites.

SWIM ENGLAND NATIONAL SUMMER OPEN WATER CHAMPIONSHIPS QUALIFIER CONDITIONS

N1. The 2018 Swim England National Open Water Championship events will be held at Rother Valley Country Park on Monday 30th July 2018. Entries will be accepted from the 1st, 2nd and 3rd swimmers, boys and girls, in

12 Years	2 km
13 Years	2 km
14 Years	3 km
15 Years	3 km
16 Years	5 km
17/18 years 5km 19+	5 km

National Open Water Championships conditions can be found on the Swim England website.

N2. All ages on 31 December in the year of competition.

N3. Wetsuits are compulsory for all competitors when the water temperature is below 18 degrees C, optional when water temperature is below 20 degrees C and not permitted if water temperature is 20 degrees C or above.

N4. The South West Region Open Water secretary will forward the names of all qualifiers to Swim England Open Water events who will invite each individual to submit their entry for the Nationals.

Note

Swimmers who are unable to compete in the Open Water Championships in Weymouth on Saturday July 7th can still qualify for National Championships provided they have equaled or bettered the relevant entry time in an event designated or licensed by Swim England, Scottish Swimming or Swim Wales for entry into National Open Water competitions. Times must have been achieved since 1 July 2017 and the event closing date. Closing Date for Pool Based Entries 12 noon, Friday 29 June 2018

