

### WESTON SUPER MARE S.C.

Affiliated to ASA South West and Somerset ASA Under ASA Laws and ASA Technical Rules of Swimming



# Weston-Super-Mare SC Open Water Development Series

(Under ASA Laws and FINA Technical Rules)



(supported by Somerset ASA and Swim England South West)

## Sunday 27<sup>th</sup> May, Sunday 10<sup>th</sup> June, Sunday 16<sup>th</sup> September

At Clevedon Marine Lake

#### **Entry information and Programme of events**

Entry Form: https://goo.gl/F1zubx

#### Sunday 27<sup>th</sup> May 8-12pm

	Distance	Entry fee	Registration starts	Briefing	Start	Cut off time
Event 1	750m	£8.50	0815	0845	0900	30 mins after the start time
Event 2	1,500m	£22	0900	0930	0945	60 mins after the start time
Event 3	3,000m	£22	1000	1030	1045	90 mins after the start time

#### Sunday 10<sup>th</sup> June 8-1.30pm

	Distance	Entry fee	Registration starts	Briefing	Start	Cut off time
Event 1	5,000m	£22	0715	0745	0800	2 hours after the start time
Event 2	3,000m	£22	1030	0945	1000	90 mins after the start time
Event 3	2,000m	£22	1100	1115	1130	75 mins after the start time
Event 4	1,000m	£22	1215	1230	1245	45 mins after the start time

#### Sunday 16th September 12-5.30pm

	Distance	Entry fee	Registration starts	Briefing	Start	Cut off time
Event 1	5,000m	£22	1115	1145	1200	2 hours after the start time
Event 2	3,000m	£22	0130	1345	1400	90 mins after the start time
Event 3	2,000m	£22	0245	1500	1530	75 mins after the start time
Event 4	1,000m	£22	0345	1600	1645	45 mins after the start time

You must register before your briefing.

#### **DECLARATION**

- 1. I certify that I am physically fit and able to participate in Open Water events.
- 2. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Open Water Swimming events.
- 3. I am aware of and appreciate the inherent risks involved in Open Water Swimming competition including the possibilities of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- 4. I undertake at all times to use my best endeavor to compete in a safe and proper manner and not to do anything which would expose me or fellow swimmers to unnecessary risk or injury.
- 5. I undertake to inform the chief referee of any concerns I may have as regards safety.
- 6. I acknowledge that, during Open Water Swimming events, the promoter cannot be held responsible for any loss or damage to personal belongings.
- 7. I agree to abide by and be governed by the rules of the Amateur Swimming Association and all other laws and regulations applicable including the ASA Safety Laws and the Conditions of this event
- 8. I understand that if I do not attend the safety briefing I will not be allowed to swim.
- 9. I understand that photographs of the event may be used for publicity purposes and may be put on the website.

Please ensure you have read the full conditions for these events. These can be found on the Weston-super-Mare SC and Somerset ASA website or by request from an Open Water representative from Weston-super-Mare SC.

**Event 1:** Sunday 27<sup>th</sup> May 8-12pm **CLOSING DATE:** Wednesday 23<sup>rd</sup> May (Four days before the event)

Events available 750m, 1k and 3k.

**Event 2:** Sunday 10<sup>th</sup> June 8- 1.30pm **CLOSING DATE:** Wednesday 6<sup>th</sup> June (Four days before the event)

Events available 1k, 2k, 3k & 5k.

# Event 3: Sunday 16<sup>th</sup> September 12-5.30pm CLOSING DATE: Sunday 2<sup>nd</sup> September (Two weeks before)

Events available 1k, 2k 3k & 5k

Please complete the online entry form.

If you require a manual entry form please email : coach@wsmsc.co.uk or call 07986570927

Payments should be made to the following bank account, please ensure you use your last name and initial as a reference.

BACS transfer	Lloyds Bank, Sort code: 77-50-10Account No: 34336160 A/C name: Weston-Super-Mare Swimming Club Use reference MonthOWLastname, For first event e.g. May <b>OWNesbitt</b>
Cheque payment	Cheques made payable to "Weston-Super-Mare Swimming Club".  Please deposit the cheque directly to the above bank account using a reference in the format OWLastname, e.g. <b>OWNesbitt</b> Insert the payment date on the online entry form or the manual entry form.

#### Swimmers must attend the safety briefing for each event they enter

Website links to wetsuits:

https://huubdesign.com/pages/triathlon-wetsuits

http://wetsuithire.co.uk/home

http://www.swimthelakes.co.uk/

http://www.hireawetsuit.co.uk/hire-a-wetsuit

http://www.prowetsuithire.co.uk/index.php/default/

http://mywetsuithire.co.uk/

https://www.triuk.com/index.php