

# GENERAL RISK ASSESSEMENT FOR SWIMMERS/COACHES & POOLSIDE HELPERS

## PENZANCE SWIMMING ASSOCIATION AND WATER POLO CLUB



RISK ASSESSMENT REVIEW CARRIED OUT ON THE 23/01/2018 BY JAMES RYAN – HEAD COACH

REVIEW DATE: JAN 2019

HAZARD OBSERVED	WHO MAY BE HARMED?	RISK RATING BEFORE CONTROLS	CONTROL MEASURES	RISK RATING AFTER CONTROLS	ASSESSMENT BY INITIALS
<u>Entry into Pool</u> <ul style="list-style-type: none"> <li>Slips trips falls</li> <li>Jumping in</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>Parkwood Leisure to ensure adequate signage indicating good pool management i.e. No jumping, No Bombing, No fighting etc.</li> <li>Lifeguard Present.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Diving</u> <ul style="list-style-type: none"> <li>Collision</li> <li>Banging head/body on bottom of the pool</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> </ul>	<b>Medium High</b>	<ul style="list-style-type: none"> <li>Parkwood Leisure to ensure adequate signage indicating shallow and deep water depths.</li> <li>Diving must be supervised by the coach/coaches.</li> <li>Swimmers to be trained to carry out shallow competitive starts from the blocks.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>In the Pool</u> <ul style="list-style-type: none"> <li>Chemicals in the pool. Excess Chlorine in the pool. Breathing problems, irritation of the eyes.</li> <li>Swimming aids left around the pool.</li> <li>Injury through inappropriate behaviour.</li> <li>Injury through Accident Collision.</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> <li>Swimmers</li> </ul>	<b>Medium</b> <b>Medium</b>	<ul style="list-style-type: none"> <li>Inspections by Parkwood Leisure management on a regular basis.</li> <li>Lifeguards always available.</li> <li>Parents/Guardians and Coaches to monitor swimmers behaviour.</li> <li>Behavioural Guidelines to be included in the Code of Conduct.</li> <li>Code of Conduct to be given to each swimmer. (Included in Welcome Pack).</li> <li>Parkwood Leisure First Aider to be available at all times.</li> </ul>	<b>Low</b> <b>Low</b>	<b>JR/SR</b> <b>JR/SR</b>
<u>Entry &amp; Exit</u> <ul style="list-style-type: none"> <li>Swimmers entering pool area before Coaches, helpers and lifeguards are in –situ.</li> <li>Swimmers may enter or fall into water unsupervised. Risk of drowning for weak/novice swimmers.</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> <li>Spectators</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>No swimmers to enter poolside area before Coaches/Poolside helpers and Parkwood Leisure lifeguards are in position.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Entry &amp; Exit</u> <ul style="list-style-type: none"> <li>Wet swimmers entering spectator area barefooted. Spectator area surfaces may be or become slippery – swimmer or spectators fall.</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> <li>Spectators</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>All swimmers instructed to report to Coaches/Poolside helpers before leaving poolside. Swimmers instructed to wear suitable footwear and to dry off before leaving poolside.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Entry &amp; Exit</u> <ul style="list-style-type: none"> <li>Under 18 swimmers leaving venue early. Risk of abduction or injury.</li> </ul>	<ul style="list-style-type: none"> <li>Swimmers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>Coaches/Poolside helpers advise swimmers not to leave building before collection by parents. In line with ASA Child Protection Policy . Reference to Club Parents Code of Conduct.</li> </ul>	<b>Low</b>	<b>JR/SR</b>

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<u>Car Park</u> <ul style="list-style-type: none"> <li>• Movement of vehicles.</li> <li>• Collision with vehicles.</li> </ul>	<ul style="list-style-type: none"> <li>• Swimmers</li> <li>• Coaches</li> <li>• Parents</li> <li>• Guardians</li> <li>• Helpers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>• Swimmers reminded to use caution when going to and from swimming pool via car park. (Parental control)</li> <li>• Use laid out walkways.</li> <li>• Checked by Parkwood Leisure management on a regular basis.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Entrance - Slip Trips and Falls</u> <ul style="list-style-type: none"> <li>• Inadequate/defective lighting.</li> <li>• Shoes and bags left in walkway areas or blocking doorways.</li> </ul>	<ul style="list-style-type: none"> <li>• Swimmers</li> <li>• Coaches</li> <li>• Parents</li> <li>• Guardians</li> <li>• Helpers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>• Lighting checked by Parkwood Leisure management on a regular basis.</li> <li>• No bags to be left in the entrance foyer.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Changing Rooms - Slip Trips and Falls</u> <ul style="list-style-type: none"> <li>• Inadequate/defective lighting.</li> <li>• Slippery or defective floors.</li> <li>• Defective seating.</li> <li>• Defective floors.</li> <li>• Shoes and bags left on floor areas, or blocking walk way.</li> </ul>	<ul style="list-style-type: none"> <li>• Swimmers</li> <li>• Coaches</li> <li>• Poolside helpers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>• Lighting checked by Parkwood Leisure management on a regular basis.</li> <li>• Floors and seating checked by Parkwood Leisure management on a regular basis.</li> <li>• Swimmers to put clothing in lockers and swim bags in central reservation area poolside.</li> <li>• No bags to be left on floor or seating area.</li> </ul>	<b>Low</b>	<b>JR/SR</b>
<u>Poolside - Slip Trips and Falls</u> <ul style="list-style-type: none"> <li>• Inadequate/defective lighting.</li> <li>• Slippery or defective floors.</li> <li>• Pool depth signage.</li> <li>• Injury through inappropriate behaviour.</li> <li>• Injury through accident.</li> </ul>	<ul style="list-style-type: none"> <li>• Swimmers</li> </ul>	<b>Medium</b>	<ul style="list-style-type: none"> <li>• Inspections by Parkwood Leisure management on a regular basis.</li> <li>• Warning signs i.e. (No running).</li> <li>• Signage for depths.</li> <li>• Parents/Guardian and Coaches to monitor swimmers behaviour.</li> <li>• Behavioural Guidelines to be included in the Code of Conduct.</li> <li>• Code of Conduct to be given to each swimmer.</li> <li>• No equipment on pool edge or blocking emergency EXITS (Coach to supervise)</li> <li>• First Aider available at all times.</li> </ul>	<b>Low</b>	<b>JR/SR</b>